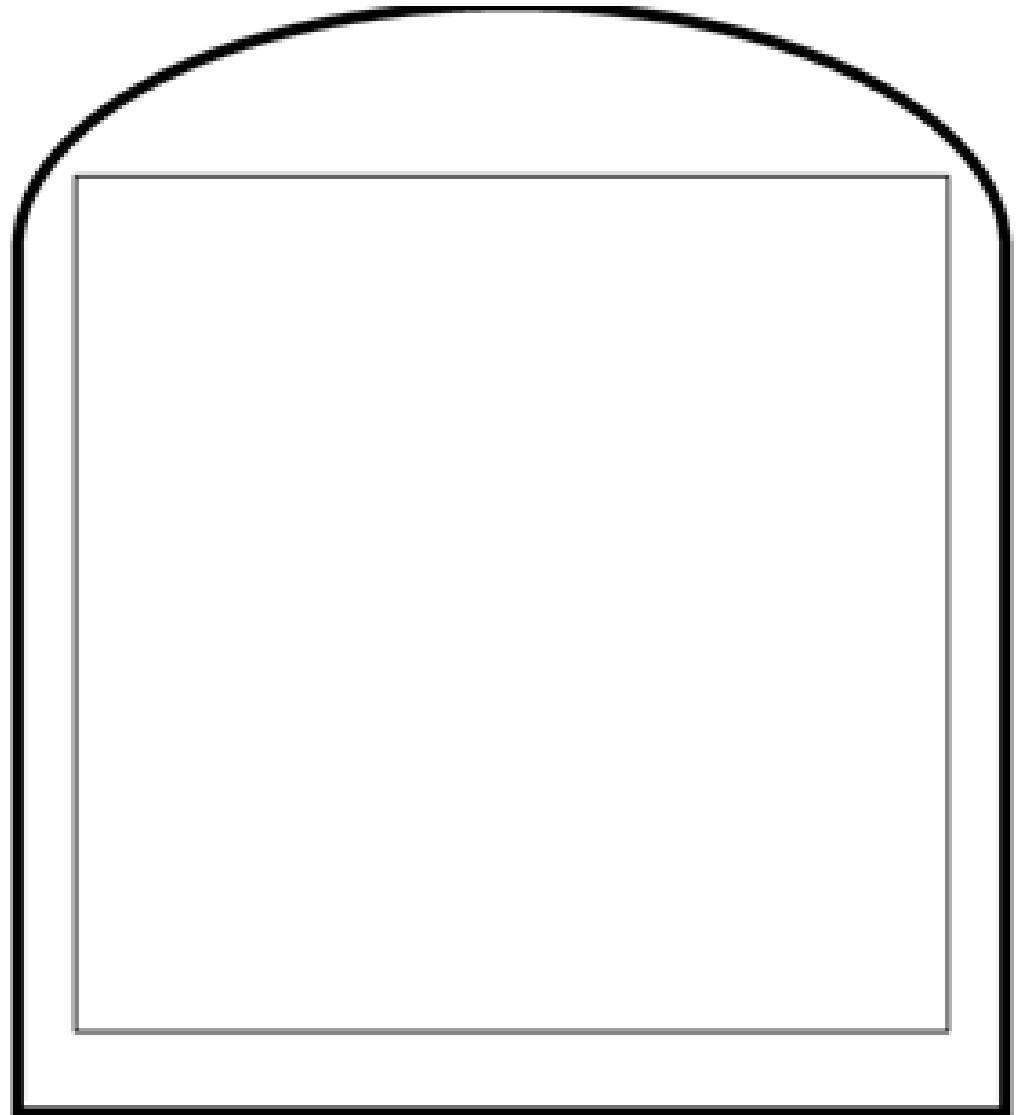
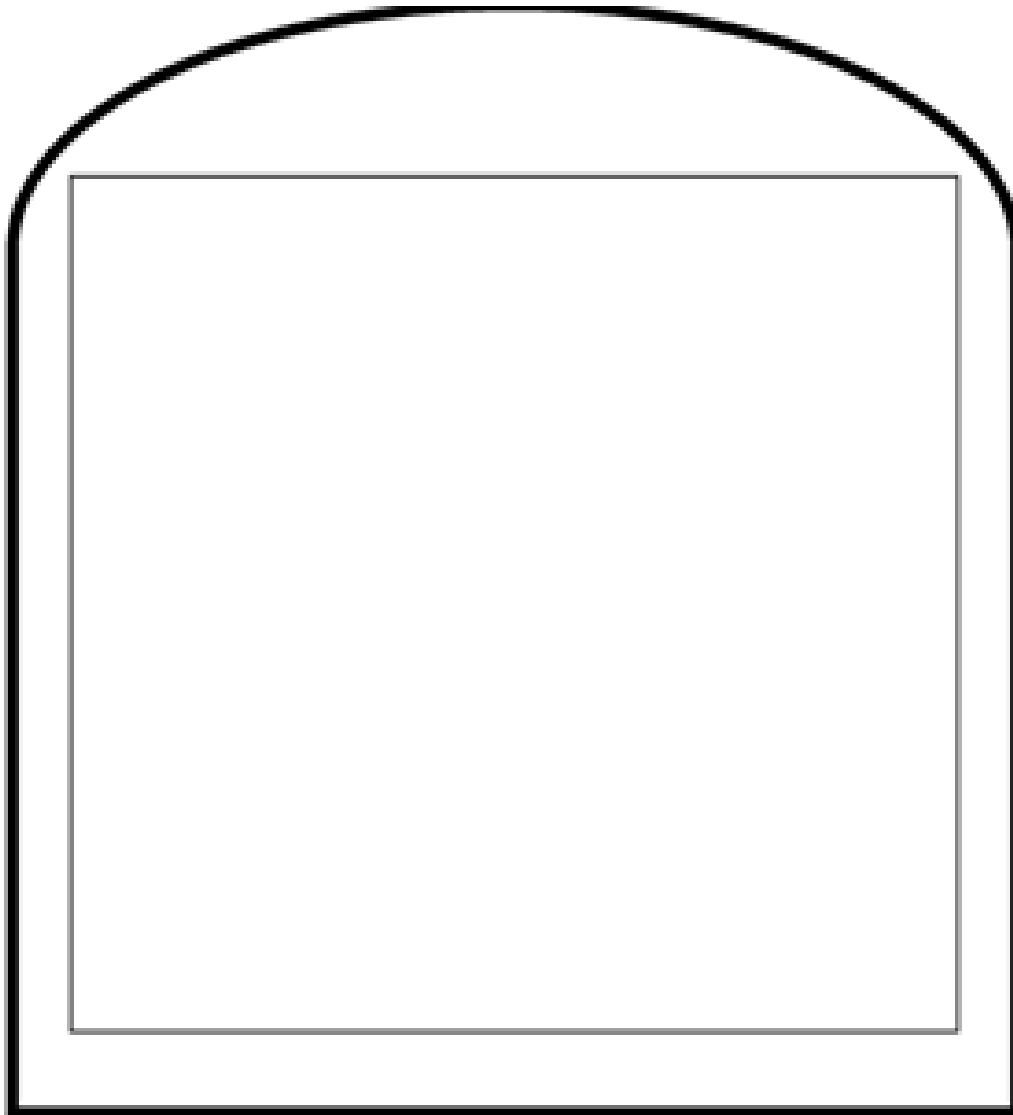


My Ten Commandments for a happier life

By \_\_\_\_\_



Year 3 R.E

Thursday 25th February 2021

Skill: To understand the main beliefs of Judaism



Judaism



People who follow Judaism are called **Jews**. Judaism was founded around 1812BC with a **convent** (an agreement) made between **God** and a man named **Abraham**. **Abraham** and his wife, **Sarah**, had no children so God promised that if they moved to the land of **Canaam** (where modern Israel is today) and believed in him, they would have land and children.

Abraham, Sarah and a few followers, including their nephew **Lot**, set out to their new land. Abraham was 75 at the time but trusted God to keep his promise.

When Abraham was 100 years old, God kept his promise to Abraham and Sarah by Sarah giving birth to a baby boy named **Isaac**.



Abraham's name means the "**father of many**". Most Jews believe him to be the **father of Judaism** as he was one of the first people to teach about the **one God**.

## The Ten Commandments

One of the main beliefs of Jewish people is the origin of the **Ten Commandments**. These were ten rules, handed to **Moses** by **God** on Mount Sinai, so that they may live happier lives. Some of these rules have formed the basis of other religions and our modern laws.



**Task:**

Can you think of 10 rules you think people either live by or should live by to make their lives happier? Fill in your commandments on the sheet.