Art

Zentangles are the name for small, intricate patterns. You can use these to fill large spaces and add lots of detail. Choose some patterns and have a go at creating your own Zentangle masterpiece. Use patterns you have seen or make your own ones up. Colour it in if you want!

Once you’ve had a try—can you recreate this Mexican art work.

PE

Can you create an assault course in your house? Think about the different things you can use as obstacles. Try and include as many different actions as possible—over, under, between. Can you include something to balance on?

PSHE

This week, you need to use your “spidey” senses to listen to the world around you. Have a go at these challenges and record what you think.

- Close your eyes when you eat some food and think about what it tastes like. Ignore everything else around you and focus just on the food. What is the texture like?
- Close your eyes and listen to what you can hear. Listen really carefully. What’s the quietest noise you can hear? How far away are the sounds?

You can do this with any of your senses! See how the world changes when you focus on it.

Science

Science experiment time!

You will need:
- oil, warm water, a tall glass, food colouring.

Fill the glass with the water.
Mix a small amount of food colouring and oil in a different container.
Give it a good stir and add some water if it doesn’t mix.
Pour the oil and food colouring into the water!

What happens?
Why do you think this happens?
What does density mean?